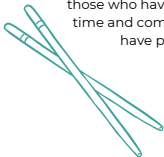


# Recipe for progress

It's the holiday season. So why not spread a little joy? This is something that can be savoured by those who have an appetite for change and a hunger to create meaningful connections. It takes time and commitment but comes with a great reward. You will feel satisfied knowing that you have played a key part in helping a refugee household build a safer, happier life.



## TOTAL TIME:

12 months

## SERVES:

entire community



## INGREDIENTS:

- Yourself and at least 4 other adults.
- A sprinkle of screening (police check, working with children check).
- A cup of training
- The capacity to welcome a refugee household into the community.
- A commitment of 10 hours per week.
- A pinch of fundraising.

## SUBSTITUTES:

If you do not have all the above components but are still interested in joining a Community Support Group (CSG), please register for an information session:

- [Live session](#) (recommended)
- [Pre-recorded session](#)

## METHOD:

Unlike a Boeuf Bourguignon or Basque Cheesecake, the instructions to this recipe are flexible. You won't mess it up. Or burn anything. Complete the steps and you'll be able to enjoy the fruits of your labour.

**Step 1:** Submit an [Expression of Interest](#)

**Step 2:** Add your friends to the mix. Tell them and others in the community about how you'd like to get involved in a CSG.

**Step 3:** Fold in an info session. This will help you learn more about the program and give you an opportunity to ask any questions you may have.

**Step 4:** Finish by submitting your [Intention to Apply](#).



# Recipe for progress

## SERVING SUGGESTIONS:

This experience pairs well with the wider community. You will likely be blown away by the number of people who ask, "how can I help?".

We recommend serving alongside any clubs or groups you're involved with and encouraging them to become a Supporting Community Organisation (SCO).

If you feel like you're not quite ready to plate up, don't stress. Things you perceive as barriers to joining a group might not be. You can throw in a side of existing commitments, temperamental teenagers and elderly parents. Their alignment with the program may surprise you.

## Reviews

*"The experience of supporting this family has been one of the most incredible of my life. I look forward to walking beside them in friendship as they navigate their new lives in Australia."*

- Community Support Group member

*"I felt so supported, I can't believe how amazing it has been. The professionalism, the warmth of CRISP. We all feel safe in terms of how we've been carried through. There was nothing that could have popped up that we didn't feel CRSA couldn't handle. It's been such a blessing. We're so excited, we want to share the highs and lows. It's been one of the greatest highlights of my life."*

- Community Support Group coordinator

*"From the bottom of my heart, I thank Australia and I thank the group. I've never experienced such kindness, such human love, such a humanitarian way... You are all such good people. I would like to go up on the roof of the highest building and scream in a loud voice - you are all the best people."*

- Refugee participant